
INTERNATIONAL SPORTS MEDICINE FELLOWS CONFERENCE

Thursday, March 16, 2023

18:00 – 20:00	Registration and Badge Pick-Up (Optional)
	Badge Pick-up and Meet and Greet

Friday, March 17, 2023

06:00	Registration & Badge Pick-Up Open
06:00 – 07:00	Breakfast in the Exhibit Hall
07:00 – 08:00	Session I: Cartilage Restoration Lectures
	Welcome & Introductions Overview: How to Build a Cartilage Practice Philosophy of Cartilage Repair: Determining How and When to Treat Arthroplasty vs. Cartilage (Save vs. Replace)
08:00 – 9:35	Session II: Case Presentations
	Case Presentations (5 min), Team Breakout Session (10 min), Team Presentations (10 min), What Actually Happened? (5 min) Case I: Small Defect Case II: Large Defect Case III: Complex Reconstruction
09:35 – 10:00	Exhibits Break
10:00 – 12:00	Session III: Live Surgical Demonstrations
	Introduction Demo I: Meniscus Repair Demo II: Meniscus Replacement Demo III: MACI Demo IV: Osteochondral Autograft (Particulated, OAT) Demo V: Osteochondral Autograft (Particulated, OCA) Discussion
12:00 – 13:00	Lunch

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Friday, March 17, 2023 (continued)

13:00 – 13:55	Session IV: Patellofemoral Lectures
	Welcome & Introductions The Past and the Future of Patellofemoral Instability Treatment Treatment Algorithm for PF Instability: Surgical Indications and Procedure Choice(s) Complications and How to Avoid Them
13:55 – 15:30	Session V: Patellofemoral Case Presentations
	Introduction & Break into Groups Case IV: Focal Defect Case V: Recurrent Patellar Instability Case VI: Complex Reconstruction
15:30 – 16:00	Exhibits Break
16:00 – 18:00	Session VI: Live Surgical Demonstrations
	Introduction Demo VI: AgiliC Demo VII: High Tibial Osteotomy Demo VIII: Distal Femoral Osteotomy Demo IX: Tibial Tubercle Osteotomy Demo X: Patella Stabilization (MPFL/MQTFL) Discussion
18:00 – 21:00	Annual ISMF Reception and Dinner & Fireside Chat with Cartilage Legends

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Saturday, March 18, 2023

06:00 – 07:00	Breakfast in the Exhibit Hall
07:00 – 08:00	Session VII: Keynote Presentation
	Welcome & Introductions Keynote Discussion
08:00 – 08:30	Exhibits Break
8:30 – 11:00	Hands-On Lab: Cartilage Restoration
	Meniscal Repair Meniscal Transplant Microfracture Plus OAT Autograft DeNovo NT Particulated Autograft MACI Osteochondral Allograft Osteochondral Autograft
11:00 – 12:00	Lunch
12:00 – 13:30	Hands-On Lab: Patellofemoral
	HTO/DFO Tibial Tubercle Osteotomy MPFL Lateral Retinaculum Lengthening
13:30	Adjourn